

Exploring the North East

Find out more about this beautiful region!



Where in the North East do you want to visit?



Travel in the Region

Transportation around the North East is pretty easy with a few simple tips:

- Utilise apps like Google maps to plan your routes
- You can get a Metro POP card and buy a student pass online
- Buses are well-connected
- Ask bus drivers for day tickets (tickets are specific to bus companies)
- Newcastle has 'age 21 and under' tickets, making single journey tickets £1 and day tickets £3
- Trains to almost anywhere in the UK leave from Central Station
- Join a student society that enjoys travel and plans group trips to cut costs
- Ask someone for help if you need it!

Green Spaces around Newcastle

Leazes Park

- Located behind the RVI hospital – walking distance from the main campus
- Lake surrounded by woodland areas, with tennis and basketball courts
- The coffee shop near the lake sells food for the ducks and geese

Jesmond Dene

- Located in the heart of Newcastle
- Trees and bridges along a stream with many winding paths
- Being here, you would never think you were in a major city
- See if you can spot a kingfisher along the way

Exhibition Park/Town Moor

- Located across the street from the Stephenson Building on campus
- Huge green space, popular with runners
- Wylam Brewery in Exhibition Park hosts food events throughout the year



Further afield...



Alnwick

The castle has been a filming location for several films – including Harry Potter!

This is a great opportunity for a memorable day out either solo or with friends! Wear comfortable shoes for exploring.

How do I get there?

X15 bus to Alnwick leaves Haymarket every hour.

Journey time: 1hr 30min.



Lindisfarne/Holy Island

This is a more remote area and may require private transport, or an organised trip. It is well worth the visit for the scenic views.

Journey time: 1hr 15min by car

Beware of crossing times! The path/road leading to the island disappears under rising tides, you must check online when it is safe to cross.



Durham

Beautiful scenic walks around the river and cute cobbled city!

You can hire and row boats along the river.

How do I get there?

Get a train from Central Station lasting less than 15 minutes.

Buses leave from Eldon Square, taking 50 minutes.



York

This is a vibrant city with so much to explore, visit the railway museum or admire the astonishing architecture

Wander along the medieval city walls and visit the York Minster

Wear comfortable shoes as this city is best seen on foot

How do I get there?

Trains from Central Station take about 1 hour



The Coast

Newcastle is not very far from the coast, with **Tynemouth** being about 25 mins away on the Metro and **South Shields** being about 35 mins away on the Metro.

You can try watersports (surfing, paddleboarding, kayaking) or a beach sauna, or have traditional fish and chips.



Sport and Culture

Sports

Football Newcastle United <https://www.nufc.co.uk/>

Rugby Union Newcastle Red Bulls <https://www.newcastleredbulls.com/en>

Basketball Newcastle Eagles <https://newcastle-eagles.com/>

Running Great North Run <https://www.greatrun.org/events/great-north-run/>



Culture

National Trust <https://www.nationaltrust.org.uk/>

City Hall <https://www.academymusicgroup.com/o2cityhallnewcastle/>

Newcastle Arena <https://www.utilitaarena.co.uk/>

The Glasshouse <https://theglasshouseicm.org/>

Baltic <https://baltic.art/>



**We hope you have a great time
exploring this northern region of the
UK.
Safe travels!**

